

NON-SLIP & WASHABLE ★ **YOGA MATS** ★ MADE IN GERMANY# & UK

② - ③ 6ft/1.83m long, 2ft/61cm wide. ④ - ⑥ are longer and/or wider. Discount on 5-10 mats is £3 a mat + £5 less postage per mat. Competitive wholesale rates - please ask for details.

① **CLASSIC LONG PURPLE YOGA MAT** 185 X 60 x 5mm thick **PURPLE**, **£23 #**

② **ORIGINAL STANDARD MAT** 183cm x 61cm x 4.5mm **Dark Blue** **£17 #**

③ **ecoYoga** 100% natural rubber & jute 4mm thick x 183cm/6' long. Made in UK

The **natural** mat **coral** **green** **natural** **lavender** ~~RRP £42~~ **£37** **CHEAPEST UK PRICE**

④ **ULTRA EXTRA THICK BLACK** 180cm/71"x 59cm/23.4"x 5mm, 3.4kg **£50 #**

⑥ **ELEPHANT MAT BAGS** **blue** **saffron** **cranberry** **black** strong 100% cotton with adjustable shoulder strap zipped compartment & pocket for keys. A decorative elephant print makes this bag hard to forget! Made by Yoga Malai Womens Cooperative in India. 72cm long fits mats ①-③ **£14** + £2.50 p&p. **MAT POSTAGE:** mats ①-④ **£8** for 1, £12 for 2; Mats ⑤ **£13**. *Cheque preferred* (bank details on request), send to **Ian Macdonald**, 14 Chalfont Rd, Oxford OX2 6TH. [oxfordyoga@gmail.com](mailto:oxfordyoga@gmail.com) If collecting call 01865-421234 **Sep'18**

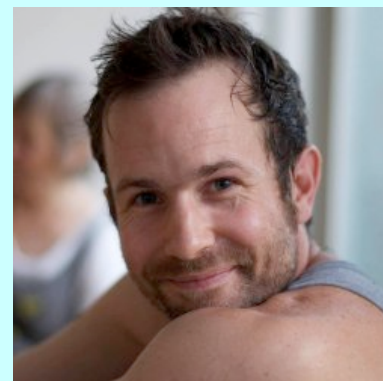
## ASTANGA YOGA WORKSHOPS in OXFORD 2018/19



Sandra



Danny



Scott

**OCTOBER 11-14 Danny Paradise** [www.dannyparadise.com](http://www.dannyparadise.com)

**DECEMBER 8-9 Sandra Howling** [www.yogawithsandra.co.uk](http://www.yogawithsandra.co.uk)

**JANUARY 12-13 Scott Johnson** [www.stillpointyogalondon.com](http://www.stillpointyogalondon.com)

**MARCH 15-17 Lucy Crawford** [www.lucycrawfordyoga.co.uk](http://www.lucycrawfordyoga.co.uk)

**MAY 18-19 tbc Liz Lark** [www.lizlarkyoga.com](http://www.lizlarkyoga.com)

**Mailing list** To ensure you receive booking forms send a few stamped addressed envelopes to Ian Macdonald at 14 Chalfont Rd, Oxford OX2 6TH. [www.oxfordyoga.co.uk](http://www.oxfordyoga.co.uk) has been redesigned with much useful information. Ian 01865-421234 [oxfordyoga@gmail.com](mailto:oxfordyoga@gmail.com)