

NON-SLIP & WASHABLE + **YOGA MATS** + MADE IN GERMANY# & UK

- ③ 6ft/1.83m long, 2ft/61cm wide. ④- ⑥ are longer and/or wider. Discount on 5-10 mats is £3 a mat + £5 less postage per mat. Competitive wholesale rates - please ask for details.

**CLASSIC LONG PURPLE YOGA MAT** 185 X 60 x 5mm thick **PURPLE**, **£23 #**

**ORIGINAL STANDARD MAT** 183cm x 61cm x 4.5mm **dark blue** **£17 #**

**ecoYoga** 100% natural rubber & jute 4mm thick x 183cm/6' long. Made in UK

The **natural** mat **green** **natural** lavender **grey** ~~RRP £42~~ **£38** **CHEAPEST UK PRICE**

**ULTRA EXTRA THICK BLACK** 180cm/71"x 59cm/23.4"x 5mm, 3.4kg **£50 #**

⑥ **ELEPHANT MAT BAGS** **blue** **saffron** **cranberry** **black** strong 100% cotton with adjustable shoulder strap zipped compartment & pocket for keys. A decorative elephant print makes this bag hard to forget! Made by Yoga Malai Womens Cooperative in India. 72cm long fits mats - **£14** + £2.50 p&p. **MAT POSTAGE:** mats - **£7** for 1, **£12** for 2; Mats **£13**. Cheque preferred (bank details on request), send to **Ian Macdonald**, **14 Chalfont Rd, Oxford OX2 6TH**. **oxfordyoga@gmail.com** If collecting call **01865-421234** **Feb19**

## **ASTANGA YOGA WORKSHOPS in OXFORD Feb-Oct 2019**



**Philippa**



**Danny**



**Lucy**

**MARCH 15-17 Lucy Crawford** [www.lucycrawfordyoga.co.uk](http://www.lucycrawfordyoga.co.uk)

**MAY 4-5 Philippa Asher [www.ashtangaphilippa.com](http://www.ashtangaphilippa.com)**

*late* **JULY Danny Paradise [www.dannyparadise.com](http://www.dannyparadise.com)**

**OCT 12-13 Liz Lark [www.lizlarkyoga.com](http://www.lizlarkyoga.com)**

**Mailing list** To ensure you receive booking forms send a few stamped addressed envelopes to Ian Macdonald at 14 Chalfont Rd, Oxford OX2 6TH.

[www.oxfordyoga.co.uk](http://www.oxfordyoga.co.uk) has been

redesigned with much useful information. Ian 01865-421234 [oxfordyoga@gmail.com](mailto:oxfordyoga@gmail.com)